

You(th)rape:

Youth active citizens of Europe



Infopack

Youth exchange program

**30th September - 06th October,
2021**

Drapia, Italy

**Please note: travel days are included; at the end of the
info pack you will find useful links**



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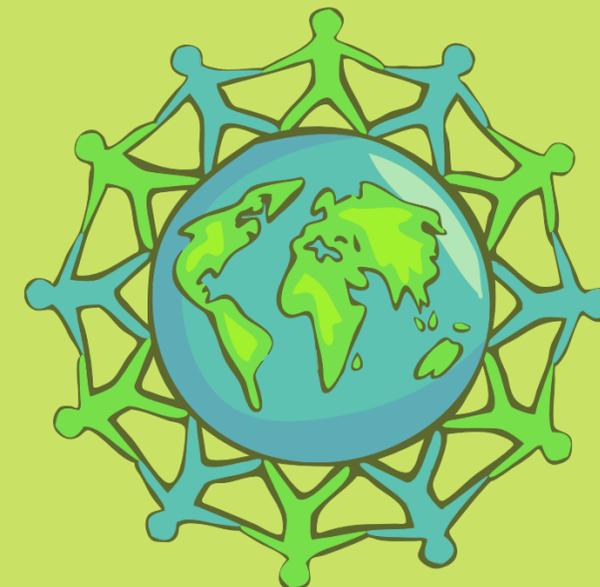
You(th)rope:

Project partners

COORDINATOR

Name: Aicem
Country: Italy

Website: <https://www.aicem.it/>



Name: EUROCIRCLE ASSOCIATION
Country: France

Website: <https://eurocircle.fr/>



Udruga za mlade **Alfa Albona**

Name: UDRUGA ZA MLADE ALFA ALBONA
Country: Croatia

Website: <http://www.alfa-albona.hr/>



Name: CULTURE GOES EUROPE (CGE)
Country: Germany

Website: <https://www.cge-erfurt.org/>

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Name: ASSOCIACIO CORRALITO CENTRE DE CREACIO ARTISTICA
Country: Spain

Website: <https://elcorralitocca.com/es/>



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The background

Today, young people face numerous challenges, such as unemployment, the presence of new media, and the consequences related to the growing migration phenomena. In the face of these challenges, young people often feel destabilized and impotent and lean towards individualism and decreasing participation in the development of the society in which they live.

You(th)rope was born on the initiative of a group of young people residents in the south of Italy and who, having taken part in their first exchange, reflected a lot on how much this kind of experience has unexpected benefits in terms of personal and professional growth, and concurrently, how much the lack of knowledge concerning opportunities represents the main cause of non-participation and, in many cases, leads young people to see Europe as a structure far from their daily lives.

Considering this background, spread awareness on the European context and its opportunities are the first and fundamental need identified by the project, as an aspect to allow young people to choose and act consciously. The second identified need is to empower young people allowing them to be actors of change, becoming ropes that connect Europe to the local and peripheral context to support that integration process that should count on everyone.



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You(th)rope:

Objectives



You(th)rope has the following objectives:

- **Knowing and reflecting on human rights and how these universally recognized rights have been absorbed in Europe, trying to reflect on their history, their value and the tools that recognize and protect them;**
- **Raising awareness on the meaning of citizenship and of European citizenship, including the tools that allow to exercise it;**
- **Strengthen among young people the knowledge of the opportunities offered by the European Union, as a fundamental factor to strengthen their sense of belonging and against phenomena of closure, individualism and nationalistic tendencies;**
- **Strengthen the role of young people through the acquisition of skills that allow them to act and play the role of multipliers encouraging citizens to get closer to Europe.**

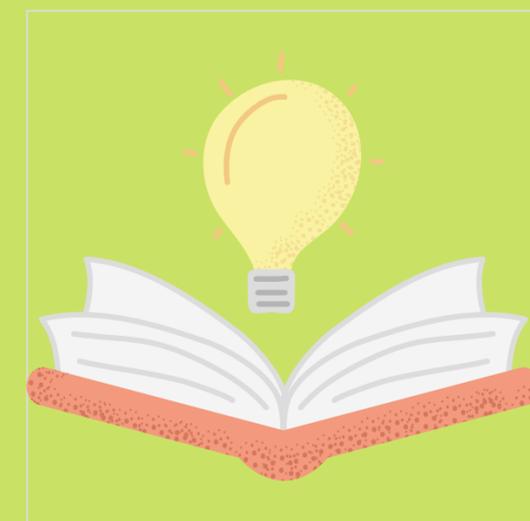
You(th)rope:

Participants responsibilities

Please, this part is of paramount importance. Be sure you **don't skip it!**

Every and each participant is responsible for:

- **Checking if they have insurance valid in Italy**
- **Considering whether a covid-test is needed to go back to his/her country**
- **Being ready to share and exchange all the experiences, data, and ideas related to the topic of the Project**
- **Being sure to arrive at the designated meetings, sessions, scheduled events, meals, flights, and other activities on time**
- **Respecting hotel rules and all residential sites, meeting sites, dining facilities, and other activity areas**
- **Having an inclusive approach toward others**
- **Ask any needs or special requirements directly to the organization**
- **Once back in his/her country, spread the follow-up activities**
- **Having fun**



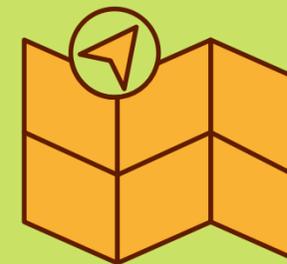
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Logistic details



From your home country to Italy: In order to reach the project location, namely "Villaggio l'Olivara", you will have to take a flight from your home country.

You could also travel by bus, train or ferryboat; although according to Erasmus+ rules, participants are strictly required to book the cheapest option available, and therefore we strongly advise you to come by plane. The hosting organization will support each participant to identify the itinerary.

At the moment of booking your flight, keep in mind that it would be best for you to arrive directly at Lamezia Terme Airport, which is the closest airport to the venue of the meeting.

Once arrived at Lamezia Terme Airport, you will have to reach Lamezia Terme Centrale railway station, and from there Tropea railway station*.



From Tropea to Villaggio l'Olivara will be on us to pick you up and take you to the Village.

***In the next page there are further instructions about on how to reach Tropea from Lamezia.**

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Logistic details: best route

From: Country X

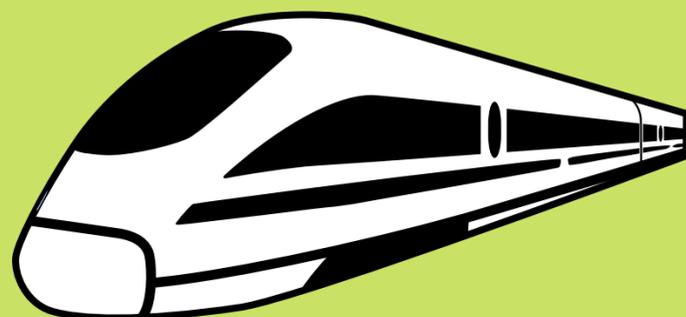


Bear in mind: before booking it is advisable to contact us, so that we can suggest the most appropriate option for you.

to: Lamezia Terme Airport by plane

to: Lamezia Terme Centrale railway station by

- bus (there is one every hour)



to: Tropea railway station by train

From Lamezia Terme Airport to Lamezia Terme Centrale Station:

<https://www.rome2rio.com/s/Lamezia-Terme-Airport-SUF/Lamezia-Terme-Centrale-Station>

From: Lamezia Terme Centrale railway station to Tropea:

<https://www.lefreccce.it/B2CWeb/search.do?parameter=changeLanguage&cFID=554drWcykURu&lang=en&searchOutputPg=y>



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You(th)rope:

The area



Surroundings: the project will take place in Gasponi, a small village belonging to the municipality of Drapia, located in the Italian region of Calabria. Notwithstanding, the area is very well-known thanks to the city of Tropea, which is part of 55 km of coastline named Costa Degli Dei (Coast of Gods), which has been attributed to the area on account of the breathtaking natural sights.



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You(th)rope:

Accommodation details

Participants will be hosted within shared rooms/apartments in "Villaggio l'Olivara" in Gasponi, Italy.

Address: Contrada Petti di Galera, 89862 Gasponi VV.

Don't forget:

- **any interference with fire alarm is forbidden**
- **participants will be liable for covering the cost of any damage to property of the accommodation venues caused by themselves**
- **please keep the accommodation venues quiet and clean**

Link to the village website: <https://www.olivaratropea.it/>



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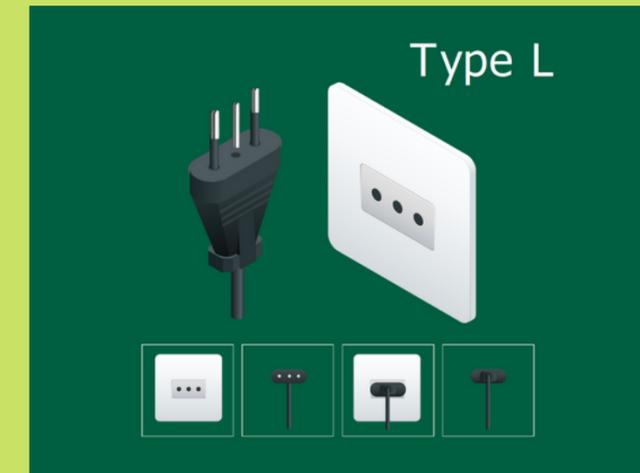


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What to bring

- **Enough clothes for the whole duration of the project, that is 5 days (plus those for the arrival and departure days). Most of the activities will be taken outdoor.**
- **Generally speaking, the dress code for this Youth Exchange will be INFORMAL. Although we're kindly asking the participants to bring a slightly formal outfit for a formal meeting with the local authorities (chiedere a linda)**
- **A swimsuit to enjoy the swimming pool and, whether the weather will allow it, the sea**
- **In any case, we suggest you check the weather forecast before packing your luggage.**
- **Phone/laptop and charger with the right adapter**
- **Every participant is invited to bring some typical food or/and drink, games, dances, specialties from their countries for intercultural evenings**
- **All the participants must have their protection devices (masks)**
- **We invite you do to some research about the topics addressed by the project**



Programme

Day 1 (30/09/2021):

- **Arrival**

Day 2 (01/10/2021):

- **get to know each other**
- **project presentation**
- **motivations expectations and fears**
- **Youthpass**

Day 3 (02/10/2021):

- **get to know the European Union, rights and duties of EU citizens**

Day 4 (03/10/2021):

- **context analysis**
- **understanding challenges and opportunities for youth participation at the local, national and european level**

Day 5 (04/10/2021):

- **planning local and online action phase 1**

Day 6 (05/10/2021):

- **planning local and online action phase 2**
- **next steps**
- **final evaluation**

Day 7 (06/10/2021):

- **Departure**

- **During the project there will be an International night, in which will be invited to participate also the local people (if the COVID-19 situation allows us). We kindly ask you to bring traditional products from your countries**
- **Every evening will be open to proposals of programme (walks, getting to know the territory, games, etc...)**
- **There will be the opportunity to meet local stakeholders understanding good practices of active citizenship**



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Costs covered by the project



Accommodation and meals will be provided for the entire duration of the exchange, for all the participants (from dinner on the 30th to breakfast on the 6th). If you have any special needs, please indicate it in the application form.

In order to take part in the project, participants are required to pay 30,00 € as a participation fee. The fee will be deducted from the reimbursement.

Participants will purchase the tickets and then they will be reimbursed.

Costs regarding travels will be reimbursed maximum up to the following amounts:

From Italy 20 €/p

From Germany 275€/p

From Croatia 275€/p

From France 275€/p

From Spain 275€/p

According to Erasmus plus rules, participants are strictly required to book the cheapest option available. Itinerary should be agreed with the coordinator. The amount will be reimbursed only if justified by the relative invoices.

*** The costs will be covered to all the participants, including participants who are ESC volunteers at the moment (only in case they are on holidays)**

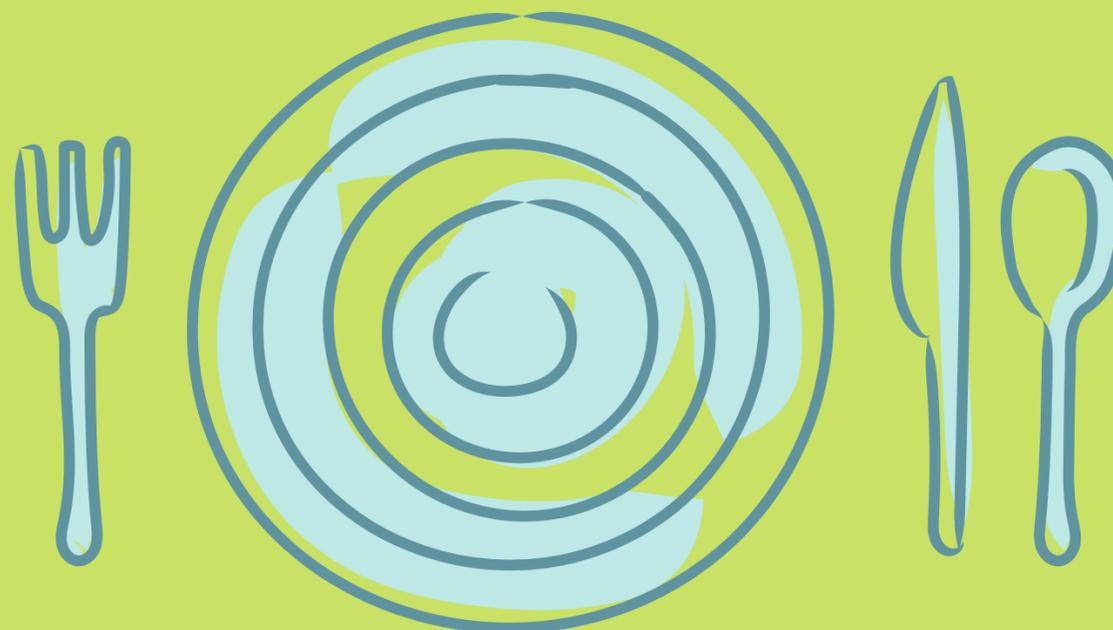
Dining facilities and meals

Aicem organizing team will provide free-of-charge nutritious meals, beverages, and refreshments according to the following scheme:

30th September: only dinner

1th-5th: breakfast, lunch, dinner

6th October: only breakfast



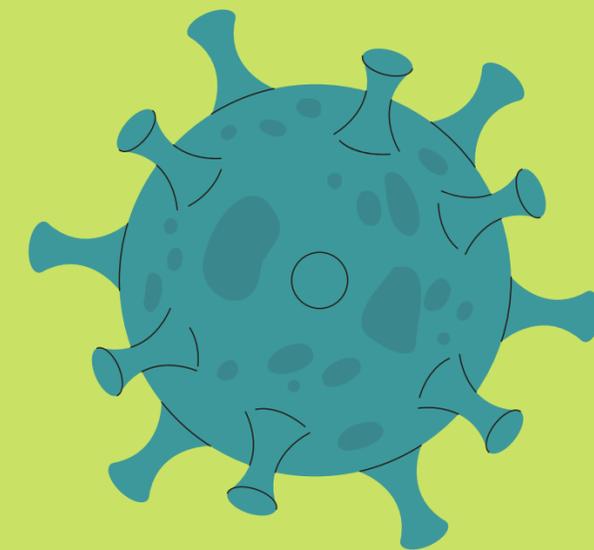
Please, make sure of underlining your special food requirements to the organizer in order to let us provide what you need.

You(th)rope:

COVID-19 situation

To ensure you the safest environment possible, we will respect the following measures:

- **Masks will be constantly required. We will also provide backup masks**
- **The activities will not require any contact among participants**
- **Sanitizer will be always available for everyone. We please ask you all to frequently wash or sanitize your hands**
- **We'll update you about the valid COVID-19 rules either for entering the country (PCR test, Green pass), either for everyday life (the curfew, opening hours of the local bars and supermarkets, obligation of wearing a mask in public places)**



PLEASE NOTE: IN CASE YOU NEED TO DO A PCR COVID-TEST, REST ASSURED THAT IT WILL BE REIMBURSED, BOTH TO COME AND TO GO AWAY. BUT IT IS YOUR RESPONSIBILITY TO CHECK WHETHER YOU NEED AND TO LET US KNOW IT

You(th)rape:

Contacts / Important numbers

The coordinator of the project: LINDA ROMBOLÀ +39 388 640 3682

Your buddies:

- ANTONIO FURCHÌ +39 347 852 0734

- Jana Poláková +421 910 133 262

The association's email: coordinamento.calabria@aicem.it

112 EUROPEAN EMERGENCY NUMBER

118 AMBULANCE

115 FIRE BRIGADE

113 POLICE

112 CARABINIERI



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You(th)rope:

Useful links

From Lamezia Terme Airport to Lamezia Terme Centrale Station:

<https://www.rome2rio.com/s/Lamezia-Terme-Airport-SUF/Lamezia-Terme-Centrale-Station>

From: Lamezia Terme Centrale railway station to Tropea (train):

<https://www.lefreccce.it/B2CWeb/search.do?parameter=changeLanguage&cFID=554drWcykURu&lang=en&searchOutputPg=y>

Link to the village website:

<https://www.olivaratropea.it/>



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